

# EGRIFFIN GUARDIAN

## June 2016 Volume 2 Issue 7

**DESIGN PRINCIPLE** 

Collaboration and Competition GRIFFIN VALUE: Tenacity

## A Publication of the WOIS Journalism Class

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#### **CONTENTS**

- 1. Earth Day
- 2. Griffin Sports
- 3. Griffin Arts
- 4. Griffin Life
- 5. College Life
- 6. Griffin Extra
- 7. End of Year Schedule
- 8. Opinion



### Earth Day

By: Shakira Wiggins and Gloria Colon

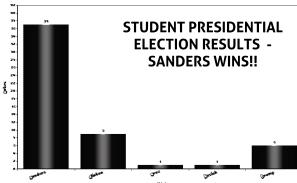
Earth Day is a day when we all come together to celebrate the Earth in it's entirety. It's where many discuss ways to change habits so we are all more Earth conscious. Mr. Widmaier's ESF class hosted an Earth Day festival the day before Earth day to show what his students have been working on projects.

Many project were shown at the Earth Day Celebration by students in the ESF class. They were broken into groups and each chose a different way to show how they helped the Earth. One group started a compost to throw compostable items into instead of always throwing them in the trash. Another group set up a station where the kids could plant something to either bring home or leave in the greenhouse. There was also a presentation where they showed the benefits of recycling and what happens when you don't. Recycling can be made to seem more fun and the way to do this is by making art projects out of

cardboard boxes and other materials. This was shown by a student creating a robot that the elementary children enjoyed seeing. The students also showed another way to generate energy by creating a windmill.

For this celebration the class enlisted help from the community to bring awareness beyond our school. Hart's Local Grocers supplied some refreshments for the people who attended while also supplying grocery bags for students to take the plants they started home. Also, some supplies was donated for the students to complete their projects and give a quality final product.

Each of the exhibits showed how we can all make a difference in the world by doing useful and fun things. By doing little things everyday things we can make a change even when you don't think it does. It was wonderful to see have how the students and the community can come together for a great cause. We plan to make the Earth a better place step by step and inch by inch.



When it rains, look for rainbows... When it's dark, look for stars.



## **Griffin** Sports

April marked the start of the spring sports season and all of the Griffins sports teams have been off to a great start. First, the Varsity track team competed at the Waterloo Invitational on Saturday April 16th. Fresh off of his sectional title for Indoor shot put, Cameron Cintron placed first with a throw of 44' 1". Nazahe Boswell placed first in the 100 meter dash with a time of 13.09 seconds. Boswell then placed first running in the 200 meter dash, finishing with a time of 26.59 seconds. Lastly, the girls 4x400 came in first place by posting a time of 4:28.98. Lastly, congratulations to Frankie Santiago who is playing with the Franklin Varsity baseball team. He was selected as the Athlete of the Week by Democrat and Chronicle. He is batting .667 average with 10 RBI's, 9 runs scored, and 7 stolen bases.

The tennis team recently competed in the RCAC city finals tournament, taking home a medals in all five brackets, winning third place in first, second, and third singles, as well as second doubles, and second place in first doubles.

We hope to see you at the sports banquet! Go Griffins!



## BRUNCH EGG & CHEESE CUPS

Ingredients

6 eggs

1 white onion

1/2 tsp thyme

1/2 tsp salt

1/4 tsp pepper

1 tbsp butter

3 cherry tomatoes

2 tbsp cheese (your choice)

Fresh thyme for garnish

Any other small vegetables you want to add

Instructions

Preheat oven to 400 degrees F

Chop the onion and sauté it in a saucepan over medium heat with butter, dried thyme, salt and pepper. Once translucent, evenly distribute the onions across 6 muffin tins

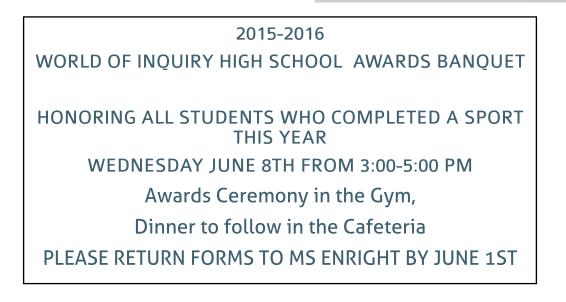
Crack one egg on top of the onions and into each muffin tin (Or whisk eggs if you don't like runny centers)

Slice the cherry tomatoes in half and add one half to each egg

Add 1/2 teaspoon of soft cheese to each tin

Grind pepper atop each tin and pop the pan into the oven at 400 degrees Fahrenheit for 10 minutes or until the eggs have cooked to your liking

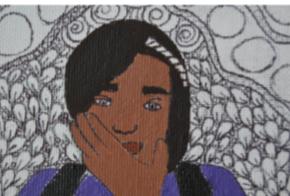
Allow to cool and enjoy



Mrs. Funk's art classes have continued working on their Zentangle Self-Portraits. Here are some more examples of their work.



Gloria Colon







**Griffin** Arts



WORLD OF INQUIRY MIDDLE AND HIGH SCHOOL SPRING BAND CONCERT

Date: Thursday June 2nd Time: Concert begins at 6:30 pm \*Performers please arrive by 5:45 pm

## Location: The Gym.

Enter through the gym entrance near the Scio Street parking lot.

Senior band members in the Class of 2016 will be recognized throughout the concert. Please join us in celebrating their accomplishments!



Kachiri Guzman

## Griffin Life

## Counselor's corner

### SENIORS

-FAFSA due ASAP

-Fill out Tuition Assistance Program (TAP) for NYS money. If you received an email from HESC follow the link to complete this opportunity for money from New York State

-Search for scholarships through college board and read emails from Resch -Class rings can be ordered through Jostens. You can buy a basic ring or create your own. A lot of the rings can have your school name or your name on them with the year and a optional stone.

You can see Ms. Resch for a catalog or go onto the Jostens website to make your purchase.

No deadline to order!

Class rings=\$80 to around \$1,200

Class tag including the chain= \$288 to around \$1,300

### JUNIORS

-Register for the June SAT

-Khan Academy is a useful site to study for the SAT

-Use Big Future for college searches and to learn about college majors

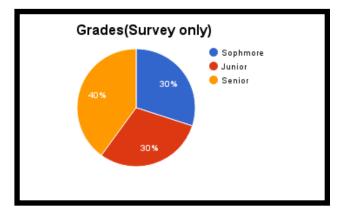
-Identify colleges to visit this summer you will apply to colleges starting in the fall

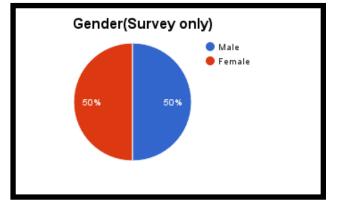
### EVERYONE

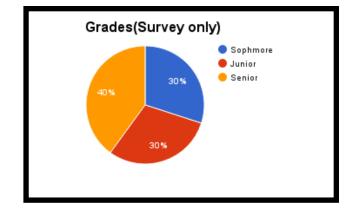
-REOC applications will be out in APRIL for the Career Pathways (Firefighter, police, 911, EMT) for current grade 10 & 11 and cosmetology for current 10th graders.

-Mrs. Johnson will be holding Fitness Crew on Thursdays from 8:30-9 for grades K-6 from April 21-May 26.

-Prom May 25th at the Memorial Art Gallery from 8-11 Tuesday April 19th was primary elections in New York and our school decided to host our own election as well. The full results are on the first page, however some students agreed to take a survey. These are the results.







## **SUMMER READING!**

Be sure to have your summer reading assignment before you leave school this year!

## College Interview: Nico Lopez

Miguel: How special was it for you to graduate with the first ever graduating class in World Of Inquiry history?

Nico: It was pretty cool. It was a very cool experience and one that I enjoyed alot.

M: How has college changed you?

N: College is not like high school at all. You have more responsibility and more freedom, but you need to be doing all your assignments and attending all your classes, because no one is going to tell you to go.

M:Did high school prepare you for college?

N:No. Some classes helped show me what college was like, like Mrs. Davis and Mr. Widmaier, but overall, it's been a new experience for me. The social environment has changed, the academics are at a new level, and I would have to say that this school did not do a good job preparing us in both aspects.

M: Interesting. Why Brockport?

N: Brockport is very good school. They offered the major of criminal justice, which is in line with my goal of being a human rights attorney. Its SUNY, so its affordable, and its In brockport so it's close to home.

## This month's students accepted to college

Alex Brunelle - SUNY ESF, Alfred State , RIT, Nazareth, University of Buffalo, University of Rochester,, Hobart and WIlliam Smith

Gloria Colon- Keaku, Alfred State, MCC, FLCC

Rahmeel Major - MCC

Talia Comegys - RIT, SUNY Brockport, Ithaca College

Ian Connolly - MCC, SUNY Brockport, Seton Hall

Zach Scott - MCC, Hilbert College, St John's

Karrington Major - Jackson University, MCC, Dean college, Husson university, Maine university

Shakira Wiggins - SUNY Potsdam

Nia Nowlin - Onondaga Community College (OCC)

Kevin Ruff - Keuka College, Elmira, SUNY Oswego

Karina Saez - FLCC

Jada Williams - Wells College, Houghton College

Shameeq Willis -Cazenovia

Cameron Osbourne - University of Hartford

Eternity W - Onondaga Community College, FLCC, Edward waters

## College Life



## College Profile:

Keuka College is a liberal arts based, four year university. They emphasize experiential learning and career education. Their students are chosen based on contributions to their community, ability and character. The faculty are kind spirited, endearing and care about the well being of the students. They offer many larger scholarships or other financial aid opportunities and on campus jobs so the students that attend their are comfortable.

Address: 141 Central Avenue, Keuka Park, NY 14478

Acceptance rate: 76% (2010)

Founded: 1890

School colors: Green, Gold

Tuition and fees (2016-2017):

Tuition= \$28,501

Mandatory fees= 780

Room and board=\$11,070

Total=\$40,351 + \$5,040 (additional costs) + \$225 (New student orientation)

Keuka Wolfpack (Athletics): Baseball, Basketball, Soccer, Tennis, Hockey, Football, Lacrosse, Volleyball, Cross Country, Golf, Cheer-leading, and Dance

Undergraduate programs: Accounting, Art and design, Biology, Business, Education, Criminal Justice, Marketing, Mathematics, Nursing, Social work, Medical Technology

## **Griffin** Extra

## TEACHER SPOTLIGHT: MR. DONKO-HANSON

B: Tell me a little about yourself.

D: My name is Kwame Donko-Hanson, I am originally from Ghana, West Africa. I came to the United States with my father when I was 10

years old. I grew up in Boston Massachusetts. I attended Northfield Mount Hermon School, a prep school in western Massachusetts before arriving in Rochester at the University of Rochester for both undergrad and graduate school. I became a teacher and coach in 1997, starting my career James Monroe Middle School.



B: Why did you want to be an Administrator?

D: I taught English (grades 7-12) and coached four varsity sports: cross country, boys & girls indoor track, girls basketball, and outdoor track and field over 13 years at School of the Arts (SOTA). I was encouraged to pursue administration by a mentor when I expressed an interest in growing professionally.

B: Did you ever think about doing something other than being an Administrator?

D: When I was 16 years old, I attended the graduation of my aunt from law school. I looked up to and revered my aunt and uncle because they traveled and lived internationally. My uncle is an economist worked for the United Nations. My aunt traveled with him to Great Britain, Australia and the U.S. as my uncle was transferred to different locals. Along the way, she pursued her education and earned laws degrees on four continents; Ghana (Africa), Great Britain, Australia and the United States. I have always been impressed and influenced by my family's pursuit of knowledge to elevate their standing that it has been ingrained in me. Education has become my vocation, but I still think about the law as a field of study; perhaps

after I retire from education.

B: What is your favorite vacation spot?

D: Going home to Ghana is always a special treat for me. Besides visiting with family, it also brings back nostalgic smells and tastes from the foods I grew up on. On the continental US, I always enjoy my time in New York City visiting with my college buddies and anywhere I go with my wife.

B: What book are you reading now?

D: I am currently reading book given to me by a good friend entitled <u>The 5 Love Languages</u> by Gary Chapman

B: What is the most important advice you can give your students?

D: The most important advice I can give my students is to work hard to pursue your lifelong interests with passion and to learn to take calculated risks and never be afraid to learn from your failures or shortcomings. The greatest impediment to success is the fear of failure. It is important to know that the most successful people in the world arrived at their success because they dared to dream and learning from the things that didn't quite turn out the way they expected. When met with challenges and adversity, the ability to be analytical, problem solve and make good sound decisions are the hallmarks of leaders of industry.

B: Why do you think it's important to follow the Griffin Values?

D: I believe individuals and institutions should have core beliefs and core practices; values that they live by and define who they are and what they are about. Our Griffin Values are part of the community standards that help guide our universally agreed upon standards of how we should treat one another. They are a core foundation of that help guide our students to become model members of our school and greater community. As each one of us demonstrates these values, it improves our relationship with one another. End of Year Calender May 25th: Senior Capstone Night @ 6:00 pm May 30th: Memorial Day NO SCHOOL June 1st: Algebra II Common Core @ 8:00 am June 2nd: Red Cross Blood Drive @ 7:30am-12:30pm Secondary Band Concert @ 6:30 June 3rd: Talent Show June 8th: Sports Banquet @ 3:00 pm June 13th: Last day of classes June 14th: Global History and Geography Regents @ 8:00 am ELA Common Core @12:00 pm June 15th: Living Environment Regents @ 8:00 am US History and Government Regents @ 12:00 pm June 16th: Algebra I Common Core @ 8:00 am June 17th: Earth Science Regents @ 8:00 am Algebra II & Trig Regents @ 8:00 am Geometry Common Core @ 12:00 pm June 20th: Spanish 1/1C Checkpoint A @ 8:00 am Spanish III Checkpoint B @ 12:00 pm June 21st: Chemistry Regents @ 8:00 am June 24th: Graduation Rehearsal @ 10:00 am **June 25th**: High School Graduation @ 2:00 pm (at Hochstein) July through August - SUMMER READING ASSIGNMENTS!

MCC Admissions representatives will be in school on June 2nd to support and seniors who would like to apply.

## **Counselor's Corner!**

SAT testing will take place on June 4th. Any students taking the SAT should already be registered. Make sure you bring your admission ticket and a picture ID as well as pencils and a calculator.



#### Dear Miguel,

I am now in the later half of my Junior year, and I know it's time to crack down and study for my SATS and my finals review. However, every time I start to study, I get nervous and doubt myself and just stop studying. How do I get over my test anxiety? I know my SATS are very important, but how do I balance my studying time for that exam, and for my other classes? I take AP English and APUSH, which can both get me college credit as well. Which comes first?

> Sincerely, Overwhelmed

#### Dear Overwhelmed,

I know how nerve racking this can be but you can't give up on trying to study. These tests play a big role in what colleges you get into, and what colleges you don't get into. You need to take your SATS very seriously and all exams at the end of the year matter too. Now in matter of importance, I believe that SATS should be at the top of your list. This is what Colleges look at first, and even though your final exams matter this exam matters more. Based on your level of knowledge in your AP courses, you should study what you are not as strong in. If you have a C average in APUSH, and an A average in AP English, then you should spend more time studying APUSH and vice versa. Time management is key to successful test preparation, and if you split up your time in a responsible manner, stay committed and study hard, I guarantee your exam taking experience will be a lot better. By continuing to study, you'll have a better chance of remembering the information and you'll have nothing to worry about on the tests.

> Sincerely, Miguel

#### Stop Scaring me!

#### By: Talia Comegys

There has been so much talk about sexism and misogyny going on in America but there has yet to have been any actual changes. About every 107 seconds a women is raped according to RAINN. That's about once every minute and 47 seconds and that's not okay. Women can't go out safely alone because men can't control themselves, society blames the women when something bad happens to them and too many people are afraid to speak out.

There is a cultural issue with how women are treated and how they are told to act, to "please a man." It's been called out for a while now but nothing really happens to stop it. Women Against Violence Against Women made a list of how rape has been incorporated into our culture for a while from "Keep calm and rape a lot" t-shirts to a pizza marketing ad making a joke out of it. This is wrong on so many levels and those who could change it, won't. A crime survey done in 2014 showed that only 37% of women felt safe walking home alone at night. Yet instead of making it safer, we tell people who have been raped that they should speak up to stop it and then we condemn them for "letting it happen" just so we could say we did "something." What's happening to Kesha right now is a perfect example of this. She spoke out about being raped and drugged and instead of helping, the court is forcing her to keep working with her rapist. Why should girls feel safe when this could easily happen to them?

Even when a girl decides to speak up and talk about what happened to her, no one thinks it's the attackers fault. The first question asked of a rape victim is "what were you wearing?" As if it's their fault they got raped! As if they wanted it to happen because they "let him do it," or "didn't try very hard." Except it isn't that easy, I know for a fact it isn't. It's difficult to continue to say no and try to stop a person... especially if you know them. It's been so ingrained in our culture that a guy can just take what he wants that you feel you can't refuse and if you do, then you're in the wrong or, he just ignores you. How do you speak out at that point? It feels like there is nothing you can do because you let him and that's what counts to society.

This is what's wrong with our society, WE ARE BLAMING THE VICTIM INSTEAD OF HELPING! The 9th grader who's boyfriend would do uncomfortable things when she said no and now can't say anything about it. The girl who wore a shirt that showed some skin because she liked the way it looked. The woman who was hanging out with her friends in a tight dress. The high schooler who wore a tank top and shorts on a boiling hot day just to stay cool. Not the ass who decided he couldn't keep it in his pants. An eleven year old was raped because she "looked older than she was." These are who are being hurt by our society, by their fear. These are who need support, not the ones who scared them and hurt them in the first place.